

# Male reproductive health *optimising fertility*

**1 in 3**  
fertility problems  
can be attributed  
exclusively to  
**MALES**<sup>1</sup>



MAJORITY OF  
**MALE**  
INFERTILITY?  
IS IDIOPATHIC<sup>2</sup>

**LOW SPERM  
COUNT**  
< 15 million  
sperm per  
millilitre<sup>3</sup>



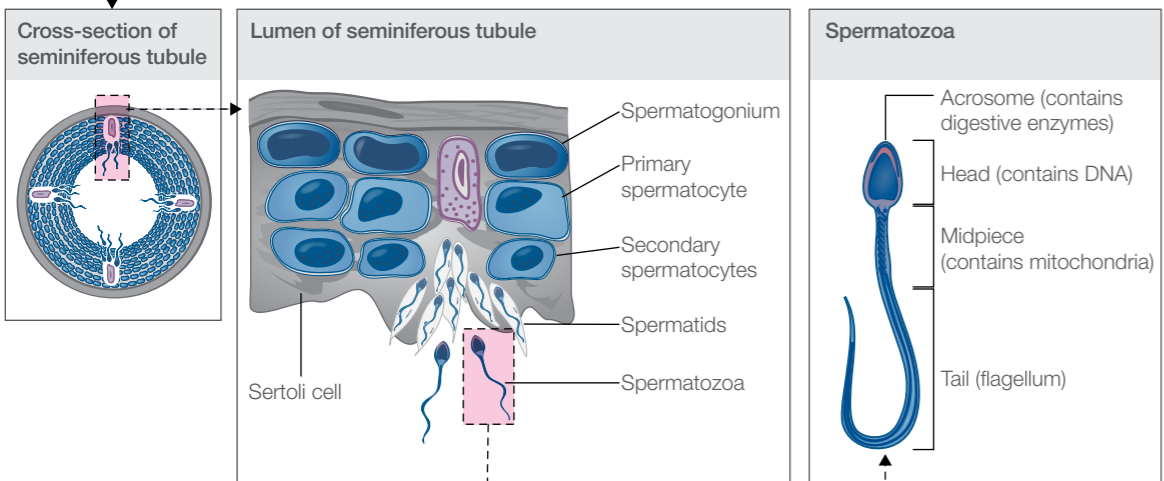
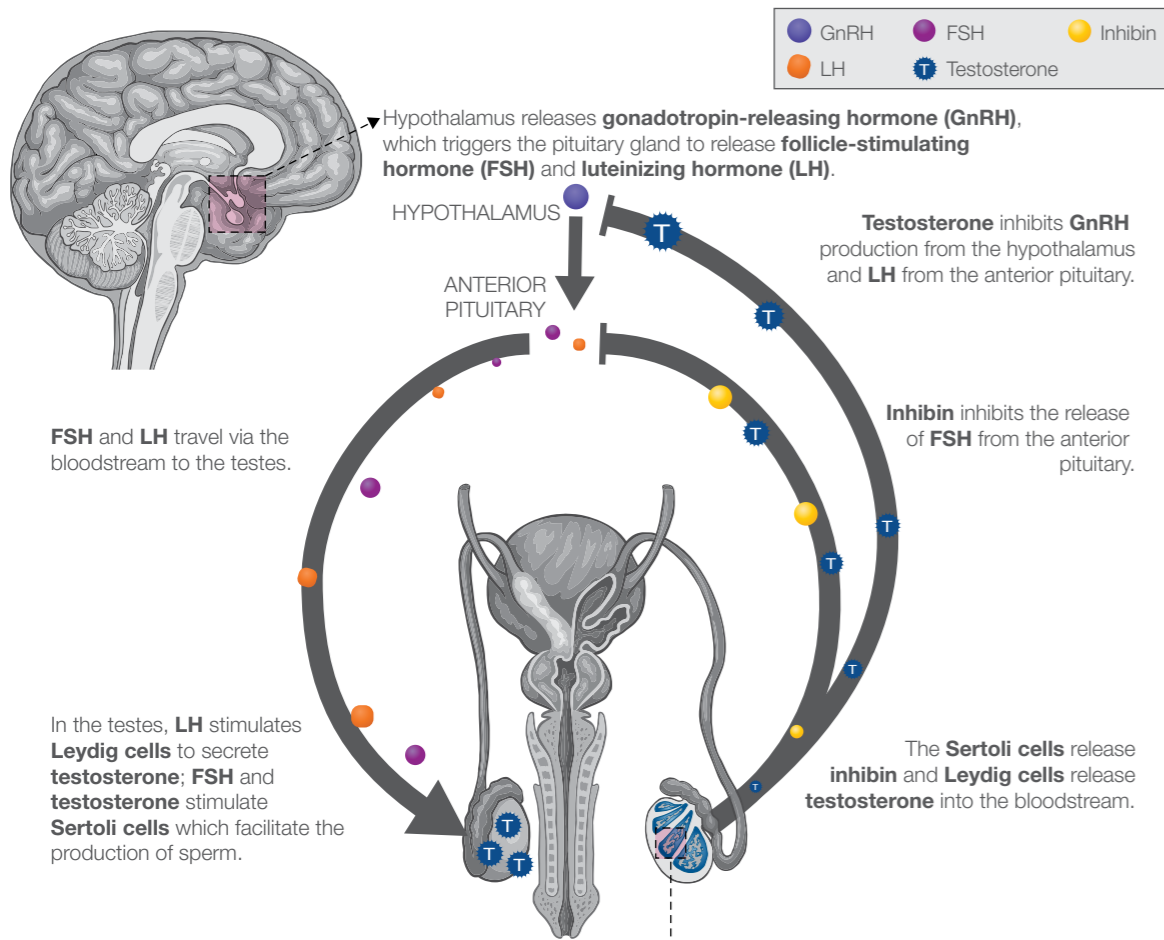
**40%**  
is the minimum percentage of  
**active sperm** required in a sample  
to be considered normal motility<sup>4</sup>



**4%**  
is the minimum percentage of  
**normal shaped sperm** required  
in a sample to be considered normal<sup>5</sup>



## SPERMATOGENESIS<sup>4,6,7</sup>



## INFLUENCES ON SPERM HEALTH<sup>3,6-17</sup>

